PRODUCT SPECIFICATION

IQF MOLOKHIA



Tabarak's IQF Molokhia is crafted from premium, carefully selected fresh leaves—thoroughly washed, gently blanched, and individually quick-frozen to preserve their rich green color, authentic flavor, and nutritional value. Free from additives or preservatives, our molokhia delivers exceptional freshness, superior quality, and consistent performance, making it an ideal choice for international markets and the global food industry.

PACKAGING	Corrugated Cartons with Polyethylene Bags
PACK SIZES	1×10 kg · 4×2.5 kg · 10×1 kg · 20×400 g
CUT / FORM	Whole Leaves, Chopped
SHELF LIFE & STORAGE	24 Months at -18°C
IDEAL FOR	Traditional Molokhia Soup, Stews, and Ready Meals

VITAMINS & MINERALS

Carbs	C
2.5%	20%

Values represent % Daily Value per 100g serving

SEASONALITY

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC

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